

A/E Volleyball Association

COVID Safety Plan for Outdoor Volleyball League – effective 30 May 2022

The purpose of this plan is to meet State of Washington, King County and CDC Guidelines and provide A/E Volleyball members the options needed to participate in A/E Volleyball with the safety procedures that meet their personal requirements.

1. No player shall show up to participate if they have been diagnosed with Covid-19 within the last 14 days or have had contact with someone that has been diagnosed or suspected to have Covid-19 in the last 14 days (unless they have been tested and found to be negative (at home – self-administered CDC approved tests are OK).
2. No player shall attend or participate if they have a fever or flu-like symptoms, or any symptoms of Covid-19 designated by the CDC.
3. Each player is required to thoroughly wash their hands with soap for a minimum of 20 seconds before coming to the match and to bring his/her own container of hand sanitizer. (Purell or similar product with 6% alcohol).
4. Nothing in these rules is intended to be contrary to the WA Department of Health regulations or the CDC Guidelines. Whichever item is the most stringent shall be mandatory in the A/E Volleyball League. The latest posted version on the website of the A/E Volleyball Covid Safety Plan shall govern.
5. When discussing rules or other differences, captains (or a designated singular person per team) shall be the only ones involved and shall maintain social distancing.
6. These six procedures are MANDATORY for all players, subs, and spectators affiliated with the team at events organized by the A/E Volleyball Association. Violating any of these procedures are grounds for forfeiture of the match that is underway.

Although the above 6 items are mandatory, the following items are all voluntary if King County remains classified by CDC as green (Low Community spread and low concern for hospital capacity)

However, they are each highly recommended by A/E Volleyball.

- a. All players and/or teams may elect to make individual policies that are more stringent for them or their team.
- b. All players that are not fully vaccinated (including the booster) with a Covid-19 vaccination recommended by the U.S. CDC, should not play close contact sports like volleyball.
- c. All players who live or work with people who are not fully vaccinated or are immune compromised, should not play in A/E Volleyball and should consider wearing a N95, KN95 or KF95 rated mask if they play.
- d. A team that is fully vaccinated has the option to not play a team that is not fully vaccinated. To exercise this option a team must contact the other team and the league a minimum of 7 days' notice by email. Neither team will be penalized in the standings if the game is not played due the exercise of this option.
- e. Teams and individual players should avoid congratulatory touching (handshakes, high fives, etc.).
- f. When switching sides during a game, players should maintain 6 feet between teams and their teammates.
- g. Face coverings and social distancing (6 feet minimum) are recommended while in the park and not actually playing in games (except for vaccinated players). This includes Alternates/substitutes, spectators and children of participants.
- h. All players are recommended to consider doing a home style Covid test weekly and not participate if they test positive until they have tested negative on a subsequent test.

Masks are voluntary and A/E volleyball wrist bands or pins this year are no longer required but are OK to wear.

End of the A/E Volleyball Covid Safety Plan for 2022